

Where Do I Go For Help?

Police – Fire - Ambulance

911

WA & OR Social Services Info

211

Poison Control Center

1-800-222-1222

Emergency #'s

College Place Police Department	509-525-7773
Columbia County Sheriff's Office	509-382-2518
Milton-Freewater Police Department	541-938-5511
Umatilla County Sheriff's Office	541-966-3651
Walla Walla County Sheriff's Office	509-527-4434
Walla Walla Police Department	509-527-4434



Suicide Prevention

Emergency	911
Walla Walla Crisis Response Unit	509-524-2999
Oregon Suicide Hotline & Crisis Center	1-800-452-5413
National Suicide Prevention Hotline	1-800-273-TALK



Domestic Violence Services

Call ANY police agency in your area or 911

Adult Protective Services	509-524-4900
Oregon Children's Services	1-800-547-3897
OR Domestic Violence Crisis Line	1-800-833-1161
Oregon SafeNet	1-800-SafeNet
National Child Abuse Hotline	1-800-422-4453
WA Domestic Violence Crisis Line	1-800-562-6025
YWCA 24-hr Crisis Line for victims	509-529-9922
WA Child Protective Services	1-800-643-4159

Youth Crisis Services

Anorexia & Bulimia Hotline	1-800-452-5413
Boys & Girls Aid Society	1-800-324-6688
National Child Abuse Hotline	1-800-422-4453
Oregon Suicide Hotline & Crisis Center	1-800-452-5413
Oregon Youthline - teen to teen hotline	1-877-YOUTH-911
National Runaway Switchboard	1-800-621-4000
National Runaway Hotline	1-800-RUNAWAY
Suicide Prevention Hotline	1-800-273-TALK
Triple Point of Walla Walla	509-529-2130
Walla Walla Co Homeless Youth Program	590-524-2816

Mental Health Services & Supports

Walla Walla County Mental Health	509-524-2920
Walla Walla Crisis Response Team	509-524-2999
Walla Walla Alliance for the Mentally III	509-529-6160
Blue Mountain Recovery Center	541-276-0810
Eastern Oregon Children's Center	541-276-0057
OR Mental Health Crisis 24-hr Hotline	1-866-343-4473
OR - LifeWays Counseling Services	1-866-343-4473
Counseling for domestic violence offenders	509-735-2271

Confidential Info/Support/Testing for AIDS/HIV

Blue Mountain Heart to Heart	509-529-4744
Family Medical Center	509-525-6650
Planned Parenthood of Walla Walla	509-529-3570
Triple Point of Walla Walla	509-529-2130
Oregon AIDS & STD Hotline	1-800-777-2437
Walla Walla City/Co. Health Dept.	509-524-2650
Parents & Friends of Lesbians & Gays	
PFLAG Walla Walla	509-529-4459
PFLAG Umatilla County	541-966-8414
Division of Children & Family Services	509-524-4900
Walla Walla Juvenile Court Services	509-524-2800
Umatilla Co Youth Investment Program	541-278-5486

Food & Shelter Assistance

Helpline –Resource Referral

Blue Mountain Action Council	509-529-4980
Christian Aid Center	509-525-7153
DSHS – Community Service Office	509-522-4297
Milton-Freewater Breadbasket	541-938-3158
Milton-Freewater Transient Aid	541-938-5511
Oregon CAPECO	1-800-752-1139
Umatilla County Housing Authority	1-800-221-6729
Walla Walla Salvation Army	509-529-9470
Walla Walla Homeless Alliance	509-386-3095
Walla Walla Housing Authority	509-527-4542
Walla Walla Co. Justice Center	509-524-2816
YWCA 24-hr. Crisis Line	509-529-9922



Doctor or Dental Care

Children's Dental Group of Walla Walla	509-525-2787
DSHS-Community Service Office	509-522-4297
Family Medical Center	509-525-6650
Helpline	509-529-3377
Oregon SafeNet	1-800-SafeNet
SOS Clinic	509-529-1481
SOS Dental – call helpline	509-529-3377



Health Services & Support

Providence St. Mary's Medical Center	509-525-3320
St. Anthony's Hospital	541-276-5121
Walla Walla General Hospital	509-525-0480
WIC – Milton-Freewater office	541-938-5595
Umatilla Co. Health Dept. Pendleton	541-278-5432
Anorexia & Bulimia Hotline	1-800-452-5413
AIDS Hotline	1-800-342-2437
Oregon Health Plan	1-800-359-9517
OR ESD Early Intervention	541-966-3131
Washington Tobacco QUIT Line	1-877-270-STOP
Oregon Tobacco QUIT Line	1-800-784-8669
Oregon SafeNet	1-800-998-9825
Wainwright VA Medical Center	509-525-5200



Birth Control, Pregnancy Support & Services

Birthright	509-529-8678
Boys & Girls Aid Society	1-800-324-6688
Emergency Contraception	1-888-not-2-late
Family Medical Center	509-525-6650
OR Pregnancy Hotline	1-800-234-4658
Oregon SafeNet	1-800-SafeNet
Planned Parenthood	1-800-230-PLAN
Pregnancy Talkline	1-800-342-6688
Walla Walla Health Dept	509-524-2650
Women's Center	509-529-8444



GED & HS Diploma Services

Blue Mountain Community College	541-938-4494
Lincoln Alternative High School	509-527-3083
Walla Walla Community College	509-522-2500



Where Do I Go For Help?

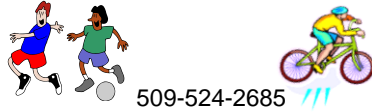
Childcare

Adventure Club - YWCA 509-525-2570
 My Friends House Preschool - YWCA 509-525-7034
 Oregon Child Development Coalition 541-938-3170
 OR Child Care Resource & Referral 1-800-559-5878
 WA Child Care Resource & Referral 509-527-4333



Activities for Youth

4-H Clubs 509-524-2685
 Adventure Club - YWCA 509-525-2570
 Boy Scouts of America 509-525-7578
 Campfire Boys & Girls 509-525-3180
 Community Center for Youth – Walla Walla 509-526-2591
 Walla Walla Parks & Rec Programs 509-527-4527
 YMCA 509-525-8863



Parenting Support

Blue Mountain Counseling 509-382-1164
 Catholic Children & Family Services 509-525-0572
 Children's Home Society 509-529-2130
 Christian Counseling Center 509-527-2310
 Cocoon Project Safe 1-877-339-4179
 County Dept. of Human Services 509-524-2920
 County Juvenile Justice Center 509-524-2800
 Family Support Group – alcohol & other drugs 509-529-2130
 Friends of Children of Walla Walla 509-527-4745
 Good Samaritan Ministries 509-529-2322
 Oregon Head Start 541-938-6129
 Parent to Parent 509-524-2920
 The Mom's Network 509-301-7471
 Umatilla County Child Support Services 541-278-6280
 WWCC Parent Education Programs 509-527-4237
 Walla Walla Parent Co-op Preschool 509-527-4237
 WA Division Children & Family Services 509-524-4900



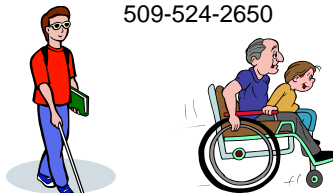
Services for Disabled Children

ARC of Umatilla County 1-866-600-7615
 Birth to Three 509-524-2920
 DSHS-Div of Developmental Disabilities 509-526-2580
 OR ESD Early Intervention/Special Education 541-966-3131
 Learning Disabilities Assoc of WA 425-882-0820
 Lillie Rice Center 509-525-3532
 OR Dept. Comm. Human Services, M-F 541-938-6627
 Oregon Special Olympics 541-938-5862
 Parent to Parent 509-524-2920
 Valley Residential Services 509-522-0400
 Walla Walla Health Department 509-524-2650



Adult Disability Services

DSHS-Div of Developmental Disabilities 509-526-2580
 E. OR Center for Independent Living 1-866-248-8369
 Horizon Project, Inc 541-938-5658
 M-F Senior/Disabled Taxi Tickets 541-938-5531
 OR Dept. Human Services - Disabilities 541-938-6627
 OR CAPECO Lifespan Respite Program 541-276-0452
 Arc of Umatilla County 1-866-600-7615



Addiction & Recovery Services

Advocates for Wellness 509-783-8833
 Alcoholics Anonymous 509-522-5059
 Blue Mountain Counseling 509-382-1164
 Celebrate Recovery support group 509-529-1212
 County Dept. of Human Services 509-524-2920
 Eastern Oregon Alcoholism Foundation 541-276-3518
 Gambling Addiction Hotline 1-800-233-8479
 Umatilla Co. A & D Program, M-F Office 541-938-3988
 Narcotics Anonymous 509-522-7842
 OR Alcohol & Drug 24-hr Hotline 1-800-621-1646
 Serenity Point Counseling Services 509-529-6036
 Umatilla County Detox Center 541-278-2558
 WA Alcohol & Drug 24-hr Hotline 1-800-278-2558
 Wainwright VA Medical Center 509-525-5200
 WA DSHS – Family Services 509-524-4900

Transportation

Appointment Keepers Trans. 509-522-5097
 Columbia County Public Transportation 509-382-4541
 CTUIR Walla Walla Whistler, free 541-276-6476
 Dial-A-Ride 509-527-3779
 Grapeline Bus Line 1-877-433-4775
 Milton-Freewater Trans. Services 541-938-5531
 People for People Medicaid Trans. 1-800-233-1624
 Trans. Solutions-elderly/disabled 509-386-4983
 Valley Transit Bus Service 509-525-9140



Job Search

Blue Mountain Action Council, 16 & older 509-529-4980
 Goodwill Industries 509-525-5992
 IMPACT! Displaced Homemakers Program 509-524-5166
 Oregon CAPECO 1-800-752-1139
 The STAR Project – formerly in jail/prison 509-525-3612
 WA Vocational Rehabilitation 509-526-2590
 WA Division of Developmental Disabilities 509-526-2590
 Work Source Dial-A-Job 509-527-1835
 WorkSource of Walla Walla 509-527-4393
 WorkSource of Milton-Freewater 541-938-3373



Senior Services

Aging & Long Term Care 509-529-6470
 Dayton Senior Center 509-382-2006
 Meals-On-Wheels Walla Walla Co. & Columbia Co. 509-527-3775
 M-F Senior/Disabled Taxi Tickets 541-938-5531
 Milton-Freewater Senior Citizens Center 541-938-3311
 OR Senior Companions Program 541-276-4474
 Social Security Administration 509-522-7867
 Walla Walla Senior Citizens Center 509-527-3775



Legal Services

Blue Mountain Action Council 509-529-4980
 Columbia Legal Services 1-888-201-9735
 Northwest Justice Project 1-888-201-1014
 NW Immigrants Rights Project 509-854-2100
 Oregon Legal Aid 1-800-843-1115
 OR Court Appointed Special Advocates 541-564-6878
 WA Court Appointed Special Advocates 509-524-2801

